## **VOLUNTEER WITH US**

There are many ways to help!

- ▶ Drive to medical appointments
- ► Help with grocery shopping
- Friendly visits and phone calls
- ► Assist with light chores
- ► Respite Care
- ➤ Students! Consider us for your required school service hours

Contact our volunteer & service coordinator at 226-3635 ext. 1003 or email volunteer@nsapartners.org

## **FINANCIAL SUPPORT**

Consider helping us financially

- **▶** Donations at *nsapartners.org*
- Cost Sharing
- Remembering us on your will to provide a sustainable organization for your loved ones and our community



## **SERVICE AREA**

We provide services to the Beaver Bay, Finland, Isabella, Little Marais, Silver Bay communities and surrounding area.



## **CONTACT US**





218-226-3635

Find us on Facebook!





**Supporting Independent Living** 

www.nsapartners.org

## **OUR MISSION**

Supporting independence for seniors.

## **OUR VISION**

All elder residents are connected to and supported by our community.



## **HOW WE CAN HELP**



### Homemaking & Chores

grocery shopping, frozen Meals-on-Wheels delivery, light housekeeping, light yard work & repairs.



#### **Transportation**

rides to medical appointments in Two Harbors and the Duluth area. Masks required.



# Companionship & Caregiver Support

friendly phone calls, respite for caregivers, caregiver consultation.



#### Personalized Support

service coordination, assistance with forms & paperwork, one-on-one technology assistance, education & advocacy.



#### Partnership Programs

emergency phone assistance, tax preparation service, legal aide appointments, medical equipment loan closet.



#### **In-Home Support**

assistance with activities of daily living and household tasks, mobility & movement assistance, medication reminders.



#### **HEALTH & WELLNESS**

No in-person activites due to COVID-19, but online opportunities are available. Call us for more information.



## **OUR VALUES**

- ► The dignity and worth of all people.
- ► The power of community.
- ► Working respectfully and professionally.

Serving our community for over 10 years!