



Homemaking & Chores

- ▶ Grocery delivery
- ▶ Prescription delivery
- ▶ Frozen Meals-on-Wheels delivery
- ▶ Light housekeeping
- ▶ Light yard work & repairs



Transportation

- ▶ **Rides to local and regional medical appointments:** Both driver and rider will be screened for exposure and symptoms on the day of the appointment and the rider will sit in the back seat if possible. Masks are required. 48 hours notice required.



Companionship & Caregiver Support

- ▶ Friendly phone calls & check-ins
- ▶ Respite for caregivers
- ▶ Caregiver counseling & consultation
- ▶ Grief support



Personalized Services

- ▶ Service coordination
- ▶ Assistance with applications & paperwork
- ▶ One-on-one technology assistance
- ▶ Education & advocacy
- ▶ Medical equipment loan closet



Partnership Programs

- ▶ **Emergency phone assistance** (PerMar Security)
- ▶ **Free tax preparation service** (AARP Foundation Tax Aide)
- ▶ **Legal Kiosk Project** (Minnesota Legal Services Coalition) - www.legalkiosk.org
- ▶ **Technology access** (Lighthouse Center for Vital Living) - www.lcfvl.org



Licensed In-Home Support

- ▶ Home care assessment
- ▶ Medication reminders
- ▶ Meal preparation
- ▶ Bathing assistance
- ▶ Dressing assistance
- ▶ Mobility assistance
- ▶ Social activity assistance
- ▶ Caregiver respite
- ▶ Nail care



Health & Wellness

- ▶ **No in-person activities due to COVID-19, but online opportunities are available**
- ▶ **Find a Juniper program or class near you:**
yourjuniper.org/classes/search

To schedule a free consultation, to register for a service(s), or for questions, please call 218-226-3635

SERVICE AREA

We provide services to the Beaver Bay, Finland, Isabella, Little Marais, Silver Bay communities and surrounding area.



North Shore Area Partners Staff:

Lise Abazs | Executive Director
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Judy Larson | Volunteer & Service Coordinator
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Dedie Moore, RN | Nurse Supervisor
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Annette Lewis, CMA | Home Health Aide

Dominique Fisher, CNA | Home Health Aide

Collette Klemmer | Home Health Aide

Samantha Ahlbeck | Home Health Aide

Chris Hill | Home Health Aide

Location

36 Shopping Center Rd
Silver Bay, MN 55614
218-226-3635

Office Hours

**Open By Appointment*

Monday-Thursday: 8:30 am - 4 pm

Friday: Closed

OUR MISSION

Supporting independence for seniors.

OUR VISION

All elder residents are connected to and supported by our community.

OUR VALUES

The dignity and worth of all people.

The power of community.

Working respectfully and professionally.

VOLUNTEER WITH US

There are many ways to help!

- ▶ Drive to medical appointments
- ▶ Help with grocery shopping
- ▶ Make friendly visits and phone calls
- ▶ Assist with light chores and housekeeping
- ▶ Provide respite care
- ▶ Students! Consider us for your required school service hours

FINANCIAL SUPPORT

Consider helping us financially.

- ▶ Donations at nsapartners.org/donate
- ▶ Cost Sharing
- ▶ Remembering us in your will to provide a sustainable organization for your loved ones and our community

North Shore Area Partners' dedicated volunteers and staff provide compassionate and confidential assistance that enables adults age 60+ remain in their own homes and connected to our community as long as possible. We are committed to serving all residents regardless of their financial circumstances.

