



## Homemaking & Chores

- ▶ Grocery delivery
- ▶ Prescription delivery
- ▶ Frozen Meals-on-Wheels delivery
- ▶ Light housekeeping
- ▶ Light yard work & repairs



## Transportation

- ▶ **Rides to medical appointments:** Both driver and rider will be screened for exposure and symptoms on the day of the appointment and the rider will sit in the back seat if possible. Masks are required.



## Companionship & Caregiver Support

- ▶ Friendly phone calls & check-ins
- ▶ Respite for caregivers
- ▶ Caregiver counseling & consultation
- ▶ Grief support



## Partnership Programs

- ▶ Emergency phone installation & assistance
- ▶ Tax preparation service cancelled
- ▶ **Legal Aid:** Available by phone through Northeast MN Legal Aid (800-933-1112)
- ▶ Medical equipment loan closet



## Personalized Services

- ▶ Service coordination
- ▶ Assistance with applications & paperwork
- ▶ One-on-one technology assistance
- ▶ Education & advocacy



## In-Home Support

- ▶ Home care assessment
- ▶ Medication reminders
- ▶ Meal preparation
- ▶ Bathing assistance
- ▶ Dressing assistance
- ▶ Mobility assistance
- ▶ Social activity assistance
- ▶ Caregiver respite



## Health & Wellness

- ▶ We currently are not offering any in-person programming due to COVID-19

📞 *Call us to learn about online programming*

To schedule a free consultation, to register for a service(s), or for questions, please call 218-226-3635

## SERVICE AREA

We provide services to the Beaver Bay, Finland, Isabella, Little Marais, Silver Bay and surrounding area.



### North Shore Area Partners Staff:

**Lise Abazs** | Executive Director  
[director@nsapartners.org](mailto:director@nsapartners.org)

**Judy Larson** | Volunteer & Service Coordinator  
[volunteer@nsapartners.org](mailto:volunteer@nsapartners.org)

**Nancy Christenson** | Outreach Coordinator  
[nancy@nsapartners.org](mailto:nancy@nsapartners.org)

**Keri Johansen** | Program Coordinator  
[program@nsapartners.org](mailto:program@nsapartners.org)

**Sarah Thomson** | Communications Coordinator  
[communications@nsapartners.org](mailto:communications@nsapartners.org)

### Location

99 Edison Blvd | Room 20  
Silver Bay, MN 55614  
218-226-3635

### Office Hours

*\*Open By Appointment*

**Monday-Thursday:** 9am-3pm

**Friday:** Closed until further notice

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## OUR VISION

### *Strengthening Community*

To strengthen the sense of community commitment to older residents of the North Shore area and enhance the quality of life for elder residents and caregivers.

## OUR MISSION

### *Supporting Independent Living*

The Living At Home Program of the Beaver Bay, Finland, Isabella, Little Marais, Silver Bay and surrounding area, works to support citizens age 60 and older who wish to remain independent in their own homes.

## VOLUNTEER WITH US

### *There are many ways to help!*

- ▶ Drive to medical appointments
- ▶ Help with grocery shopping
- ▶ Make friendly visits and phone calls
- ▶ Assist with light chores and housekeeping
- ▶ Provide respite care
- ▶ Students! Consider us for your required school service hours

## FINANCIAL SUPPORT

### *Consider helping us financially.*

- ▶ Donations at **[nsapartners.org](https://nsapartners.org)**
- ▶ Cost Sharing
- ▶ Remembering us in your will to provide a sustainable organization for your loved ones and our community

*North Shore Area Partners' dedicated volunteers and staff provide compassionate and confidential assistance that enables adults age 60+ remain in their own homes and connected to our community as long as possible. We are committed to serving all residents regardless of their financial circumstances.*

