



Supporting Independence  
for Older Adults

## NORTH SHORE AREA PARTNERS

### LOOKING BACK ON 2020

This year, in particular, has been a rollercoaster of excitement and challenges.

In March, North Shore Area Partners gratefully received the donation of the former Wells Fargo bank building in Silver Bay. We began dreaming of the amazing aging services and senior support that we could provide in this spacious location at the center of town. A week later, the arrival of the coronavirus turned our focus to more immediate needs. We quickly adapted our activities to protect our clients, our volunteers and our community while continuing to reach out with additional telephone support and deliveries of supplies for older adults wishing to stay safely in their homes.

By midsummer, along with our ongoing volunteer services, we began expanding our capacity to meet the needs of older adults in our community, particularly the demand for in-home care. We increased our staffing to twelve people, including four Home Health Aides who are able to provide homemaking and personal care under our new 245D license from the MN Department of Human Services.

In November, we excitedly moved our offices to our downtown location. Again, we began dreaming of opening up our beautiful new space to serve our community. A week later, smoke damage from a nearby office fire hampered our plans. In addition, the recent surge in coronavirus cases has kept us constantly adjusting our daily operations to be able to provide continuous service to our community. Through all the uncertainty, we are adapting. Now, more than ever, our elders need us. And we need you.

**Thank you for all the ways you partner with us to support elders in our community!**

- Providing an example yourself of how to age well in place.
- Being a caregiver or caring neighbor for a family member or friend.
- Volunteering to make calls and deliveries, give rides, do chores.
- Making a donation, bequest, or memorial gift in honor of a loved one.

**Thank you for all you've done and all you continue to do through these challenging times!**

### HOW WE CAN HELP

#### HOMEMAKING & CHORES

grocery shopping,  
frozen Meals-on-Wheels delivery,  
light housekeeping,  
light yard work & repairs.

#### TRANSPORTATION

rides to medical appointments in  
Two Harbors and the Duluth area.  
Masks required.

#### COMPANIONSHIP & CAREGIVER SUPPORT

friendly phone calls,  
respite for caregivers,  
caregiver consultation.

#### PARTNERSHIP PROGRAMS

emergency phone assistance,  
tax preparation service,  
legal aid appointments,  
medical equipment loan closet.

#### PERSONALIZED SERVICES

service coordination,  
assistance with forms & paperwork,  
one-on-one technology assistance,  
education & advocacy.

#### IN-HOME SUPPORT

assistance with activities of daily  
living and household tasks,  
mobility & movement assistance,  
medication reminders.

#### CAREGIVER SUPPORT GROUP

**Due to the rising COVID cases, we  
have suspended in-person  
meetings until further notice.**

If you are in need of support,  
please call 218-226-3635 ext. 1006  
or email  
[caregiver@nsapartners.org](mailto:caregiver@nsapartners.org)

**Compassionate and confidential  
support for older adults age 60+  
who wish to remain in their homes  
for as long as possible.**

36 Shopping Center Rd  
Silver Bay, MN 55614  
218-226-3635  
[www.nsapartners.org](http://www.nsapartners.org)

## TO-GO COMMUNITY MEALS

**North Shore Area Partners, Friends of Finland Community, United Protestant Church - Silver Bay and Arrowhead Area Agency on Aging** worked together this fall to create a sense of normalcy during these turbulent times with the return of shared meals, a long tradition of North Shore communities. The meals were a tremendous success and we are truly grateful to those who worked so hard to make that happen.

We also want to thank everyone who took the time to fill out the survey included with the meals. The feedback allowed us to gauge the importance of shared meals, how people are feeling during the pandemic and if there was anything NSAP could do to help. We hope to continue these shared meals and are actively seeking further funding to make this possible.



**810 TOTAL MEALS WERE SERVED  
BY FRIENDS OF FINLAND  
COMMUNITY AND UNITED  
PROTESTANT CHURCH!**

## VOLUNTEER SPOTLIGHT



**Rodney Ludolph was chosen as CHOICE, unlimited's Fall Volunteer of the Quarter this year!** "CHOICE, unlimited appreciates his dedication to continuing his volunteering in the Silver Bay area, serving his community every week through Meals on Wheels with North Shore Area Partners. CHOICE, unlimited is proud of his effort during these trying times, getting food to those who need it while we all navigate through this pandemic together!"

**North Shore Area Partners appreciates both Lance Hakala and Rodney Ludolph's continued dedication to delivery of Meals on Wheels in our communities!**

## MEET OUR NEW HOME HEALTH AIDE!

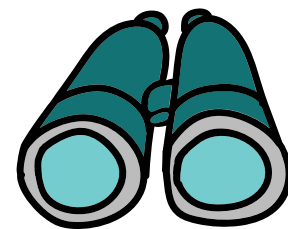
### Dominique Fisher, CNA

Dominique has 7 years of experience working with a variety of clients including the elderly, and adults with disabilities. She specialized in group homes before moving to Silver Bay and obtaining her CNA at an assisted living facility. In her free time, she enjoys adventuring with her children and finding the beauty in life.

*Welcome*



## NSAP SEEKING BOARD MEMBERS



We are currently seeking new board members to ensure representation throughout our service area of Beaver Bay, Silver Bay, Little Marais, Finland and Isabella.

**To apply, please call: 218-226-3635 ext. 1001 or email: [director@nsapartners.org](mailto:director@nsapartners.org)**

## KEEPING CONNECTED DURING COVID

### Lighthouse Center for Vital Living - Tech to Connect Program

With a special focus on reducing social isolation, this program is for:

- any older adult
- individual of any age with vision loss
- or other disabilities
- caregiver of someone with a disability

Device loans like tablets with remote training and/or technical support can help keep folks connected with family, friends, remote events, support groups and telehealth appointments during COVID-19. This program may also include a router or hotspot for internet access as available.



Application at [www.LCFVL.org](http://www.LCFVL.org) or call Samantha at 218.461.8969 or email [Samantha@lcfvl.org](mailto:Samantha@lcfvl.org) to apply.

## COMING IN 2021 - LEGAL KIOSK

The COVID-19 pandemic and public health emergency has moved the legal system virtual, creating a **digital divide that has disproportionately impacted the communities served by Minnesota Legal Aid**. Access to the legal system and a chance at justice is only available to those with means and resources to use technology. To address this digital divide the Minnesota Legal Services Coalition requested CARES Act funds to give communities **access to civil justice by creating a statewide network of 250 legal kiosks to be stationed in a variety of court, agency, non-profit, and other community locations**.

The legal kiosk that will be placed within North Shore Area Partners will help community members have a healthy and safe way to interact with civil legal aid experts and the administrative and court systems in which their cases will be proceeding.



For more information about the project visit: [www.legalkiosk.org](http://www.legalkiosk.org)



## SILVER BAY AARP TAX SERVICE CANCELLED FOR 2021 SEASON

Due to various COVID restrictions and lack of available technology, AARP volunteers decided to cancel services for this upcoming tax season. We are aware many people depended on this service, so we are in search of other free tax preparation options available on the North Shore. **Stay tuned!**

## WE WANT TO HEAR FROM YOU!

We would love to know how North Shore Area Partners has affected your life! **If you'd like to share, please fill out the information below and drop the sheet in our night drop box or mail to our address.**

**Thank you for your testimonial!**



**First Name:** \_\_\_\_\_

**Last Name :** \_\_\_\_\_

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Age:** \_\_\_\_

**Are you a:** volunteer | client | caregiver | community member | donor  
(Please circle all that apply)

**Please share any thoughts or stories about your experience with North Shore Area Partners staff or volunteers or about the organization in general. What value has NSAP brought to your life?**

**Signature:** \_\_\_\_\_

*\*By signing this form, you authorize North Shore Area Partners to use your **first name, association with NSAP** and **age** when displaying your testimonial in our grant reports and communication materials.*



## PLEASE CONSIDER NORTH SHORE AREA PARTNERS FOR YOUR YEAR-END CHARITABLE GIVING!

**We can't do it without your support! Thank you for your gift!**

I wish to make a gift of: \$10 \_\_\_\_ \$25 \_\_\_\_ \$50 \_\_\_\_ \$100 \_\_\_\_ Other \_\_\_\_\_

Please accept my gift in honor/memory of: \_\_\_\_\_



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PARTNERS**

**36 Shopping Center Rd  
Silver Bay, MN 55614**

**218-226-3635**

**[www.nsapartners.org](http://www.nsapartners.org)**

### OFFICE HOURS

*Building closed due to smoke damage, but  
we are available by phone and email.*

**MONDAY – THURSDAY**

**9:00 AM – 3:00 PM**

**FRIDAY**

**Closed**

### PROGRAM STAFF

**Lise Abazs**, Executive Director

**Keri Johansen**, Programs

**Judy Larson**, Volunteers & Services

**Nancy Christenson**, Outreach

**Sarah Thomson**, Communications

**Amy Renne**, Caregiver Consultant

**Diane Knust**, LISW, Social Services  
Advisor

### HOME CARE

**Dedie Moore**, RN

**Diane LaBerge**, MA

**Annette Lewis**, CMA

**Dominique Fisher**, CNA

**Collette Klemmer**

### BOARD OF DIRECTORS

**Alis Stevens**, Chair

**Cindy Hanson**, Secretary

**Jessica Denhoff**

**Lisa Hoff**

**Mary Planten-Krell**

**Theresa Rose**

**Bev Yoki**

### SUPPORTED BY:

Minnesota Dept of Human Services,  
Lake County Health & Human Services,  
Arrowhead Area Agency on Aging-ARDC,  
AEOA, Lloyd K. Johnson Foundation,  
Northland Foundation, United Way,  
Cliffs Foundation, Co-op Light & Power,  
& many local individuals and businesses